

Welcome to Oklahoma FreeWheel 2010

June 13 - 19

On Sunday morning June 13, we kickoff our 32nd year of bicycling across Oklahoma. We invite you to enjoy the friendly people of our state and the beautiful scenery as we start our journey towards Joplin, MO, arriving on Saturday, June 19 - some 412 miles later. Won't you join us?

The 2010 Route

The mileages listed below are subject to change:

- Day 1: Hugo to Clayton - 55 miles
- Day 2: Clayton to Heavener - 70 miles
- Day 3: Heavener to Muldrow - 71 miles
- Day 4: Muldrow to Tahlequah - 61 miles
- Day 5: Tahlequah to Pryor - 50 miles
- Day 6: Pryor to Miami - 67 miles
- Day 7: Miami to Joplin, MO - 38 miles

There will be an optional day on Saturday, June 12 from Hugo to the Texas state line and back. It is 24 miles round trip. The route will be marked, but it will not be supported so cyclists will be on their own that day. You may just wish to hang around camp and meet old and new friends, or attend some of the Freewheel seminars that will take place. Check for times and places at the Freewheel Registration booth in Hugo.

Minors

Anyone under the age of 18 is welcome to participate in FreeWheel as long as they have a parent or responsible adult accompanying them, on a bicycle, for the week.

Transportation

Oklahoma FreeWheel will offer charter bus service from Tulsa to Hugo on Saturday, June 12. In addition, bus service will be available on Saturday, June 19 from Joplin, MO back to Tulsa and also, from Joplin, MO to Hugo.

New this year, you may reserve and pay for your bus ticket when you register for the ride. Check the FreeWheel registration form for more information. Reservations will be on a first come, first served basis. If your desired bus is full, you will be put on a waiting list. You may also call 918-835-1699 for bus reservations. This is the Oklahoma FreeWheel office. Leave a message and your call will be returned. Bus tickets will be mailed to you in mid-May.

Host Communities

Camping areas will be set aside in each community on school grounds, fairgrounds, and/or city parks that are large enough to accommodate all registered riders and support personnel.

Camping will also be available in Hugo on Friday, June 11 and Saturday, June 12. Most of the towns have motels, but have limited space so please call as soon as possible.

VERY LIMITED indoor sleeping will be available at each campsite and is on a first come basis. When the town's allotted indoor space is gone, you must be prepared to put up a tent. Some towns may be charging a modest price for this privilege as a way to offset their costs for opening these buildings or as a fund raiser. Camping, or course, is free.

Showers will be available at the schools, field houses, gymnasiums and city swimming pools. In addition, we will be providing a shower truck to supplement what the towns offer.

Host communities will put on an evening meal and morning breakfast for the cyclists as fundraisers. They may also have snacks available during the day. Please patronize them as a way of thanking them for allowing us to use their facilities and for the work that has gone into each overnight stay.

Host community contact numbers are:

- Hugo (June 12): 580-326-7511
- Clayton (June 13): 918-415-4072
- Heavener (June 14): 918-653-2217
- Muldrow (June 15): 479-650-4500 or 479-650-2121
- Tahlequah (June 16): 918-456-3742
- Pryor (June 17): 918-825-0157
- Miami (June 18): 918-542-4435
- Joplin, MO (June 19): 417-625-4790

Rest Stops

Fruit stops will be available everyday. We try to plan for services to be available every 12 - 15 miles, whether it be an official fruit stop, a water stop, a town stop or a convenience store. All of our stops are manned by volunteers and sometimes planned services may not be in place when you go through. Please be able to ride 25 miles without services. Always fill your water bottles when stops are available. We will make every effort to have our volunteers in place.

Merchandise

Official merchandise endorsed by FreeWheel, Inc., will be the only merchandise allowed to be sold in camp and along the route. Selling items relating to FreeWheel or with the FreeWheel name is prohibited. Official FreeWheel jerseys and T-shirts will be available for purchase in advance

Wrist Bands

The wearing of a wrist band is mandatory and you may pick up your wrist band at the FreeWheel registration area in any campsite. Wristbands will be checked for all services from fruit stops to bike shops, plus, your wrist band is your **free ticket** to dinner and a concert on Friday night in Miami.

Vehicles and RVs

If you are driving a vehicle during FreeWheel, you are required to register it. If you would like to serve as a sag, please check in at the FreeWheel registration booth. Any vehicle not being used as a sag must take an alternate route from the cyclists. **NO PRIVATE SAGS ARE ALLOWED.** This is for the safety of the cyclists.

If you are driving an RV, no hookups will be offered at the campsites. Special areas will be assigned in each camp for RV parking. Please abide by the locations the towns have assigned or you will be asked to move your vehicle. Check with the overnight towns for possible RV park locations. Also, **NO RVs WILL BE ALLOWED ON THE FREEWHEEL ROUTE.** Again, this is for the safety of the riders.

Registration Information

Each participant is required to fill out a registration form. This also includes non-riding, accompanying family members or friends who will be using campsite facilities. There will also be a fee for these non-riders this year. They will receive wristbands which will be their tickets to the dinner and concert in Miami on Friday evening.. Each person on the ride or accompanying a rider will be required to sign a waiver when they check in in Hugo or wherever they join the ride. We will be limiting the number of riders to 1,000 this year so please sign up early.

The fee for the full weeks ride on Freewheel 2010 **for registrations postmarked by April 30th** is \$125 per person, and \$80 for children ages 6-15. **Registrations postmarked after April 30th** will be \$145 per adult and \$100 for children 6-15. In addition, we are offering two half week options: Sunday through Wednesday and Wednesday through Saturday. These fees for **registrations postmarked by April 30th**, are \$80 for adults and \$65 for children ages 6-15. For **registrations postmarked after April 30th**, the half week rate is \$90 for adults and \$75 for children 6-15. In all cases, children under six are free. Non-rider fees: the full week rate is \$40 for adults and \$20 for children 6-15. The half week rate is \$20 for adults and \$10 for children 6-15. Wrist bands will be distributed on Saturday in Hugo and are required in order to receive services. Fees include stocked fruit stops each day, route maps, Highway Patrol security, sag support, luggage transportation, marked routes, luggage tags, bicycle tags, camping space, a starting packet, a finish packet, use of shower truck, and port-a-johns in camp. Again this year, you will be treated to dinner and a concert on Friday night.

To Register: Fill out the form completely. **Please print clearly.** Check your math to insure that you have included the correct amount of money, including mailing fees if applicable. If you wish to save the mailing fee, you may pick up your packet May 26 - 28, and May 25 - 28 at the Mapco Plaza Building, 1717 S. Boulder Ave., in Tulsa. The office will be open from 12n - 6pm. Packets will also be available for pickup on Saturday, June 12 in Hugo. No packets will be mailed after May 21. For those paying the mailing fee, the packets will be mailed after May 10. Make checks payable to FreeWheel Inc. We also accept Visa and Master Card.

Once you have completed your registration form and included the correct fees, please mail it to:

**FreeWheel, Inc.
P.O. Box 470069
Tulsa, OK 74147-0069**

Refunds, minus a \$10 processing fee, will be given until June 4th. If you ordered a t-shirt or jersey and already received it, there is no refund for the shirt or jersey. **A written request is required for all refunds. No refunds will be given after June 4th for any reason. Please do not request one.**

Confirmation: A confirmation will be sent for all registrations received in the mail through May 21.

Questions: You may call the FreeWheel office at 918-835-1699 or visit our website at www.okfreewheel.com. Check the website often as it is frequently updated. You may also e-mail questions to FWOklahoma@sbcglobal.net.

2010 OFFICIAL FREEWHEEL REGISTRATION FORM

ONE NAME PER FORM - Please print legibly

Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Business Phone: _____ Cell Phone: _____

Sex (circle one) M F Age on June 13, 2010 _____ E-Mail Address _____

Emergency Contact and Phone: _____

If you or someone traveling with you will have a vehicle during FreeWheel, please register it:

Make and Model: _____ Tag: _____

⇒ NO PRIVATE SAGS ARE ALLOWED. ALL VEHICLES NOT DESIGNATED OFFICIAL WILL BE REQUIRED TO TAKE AN ALTERNATE ROUTE TO CAMP FOR CYCLIST SAFETY.

⇒ **Registration Fees:** You may sign up for a 7 day ride or one of two 4 day options. Wrist bands will be given out at the FreeWheel registration trailer on June 12 or when you join the ride. You must wear a wrist band to participate. Fees include stocked fruit stops each day, route maps, Highway Patrol security, sag support, luggage transportation, marked routes, luggage tags, bicycle tags, camping space, a starting packet, a finish packet, a shower truck and port-a-johns in camp. You will also receive dinner and a concert in Miami on Friday evening.

Riders:

Rate if your registration is postmarked by Friday, April 30, 2010: (please check appropriate box)

- 7 day ride - \$125 Adult Sun through Wed ride - \$80 Adult Wed through Sat ride - \$80 Adult
- 7 day ride child (6-15) \$80 Sun through Wed ride - child (6-15) \$65 Wed through Sat ride - child (6-15) \$65
- Free child (under 6) Free child (under 6) Free child (under 6)

Rate if your registration is postmarked AFTER Friday, April 30, 2010:

- 7 day ride - \$145 Adult Sun through Wed ride - \$90 Adult Wed through Sat ride - \$90 Adult
- 7 day ride child (6-15) \$100 Sun through Wed ride - child (6-15) \$75 Wed through Sat ride - child (6-15) \$75
- Free child (under 6) Free child (under 6) Free child (under 6)

Non-riders regardless of when you register:

- 7 day ride - \$40 Adult Sun through Wed ride - \$20 Adult Wed through Sat ride - \$20 Adult
- 7 day ride child (6-15) \$20 Sun through Wed ride - child (6-15) \$10 Wed through Sat ride - child (6-15) \$10
- Free child (under 6) Free child (under 6) Free child (under 6)

..... **Registration Fee** \$ _____

⇒ **T-shirt - \$10 , not included in registration fee:** S M L XL XXL (\$13) XXXL (\$13)... \$ _____

⇒ **Jersey - \$65, not included in registration fee and must be picked up in person - no mailing**
XS S M L XL XXL XXXL \$ _____

⇒ **Optional postage for packet mailing:**
 \$7 postage per packet (No packets will be mailed after May 21)..... \$ _____
 \$2 postage for each additional t-shirt mailed beyond one t-shirt which is included in the \$7 postage above. \$ _____
 I will pick up my packet - do not mail

⇒ **Bus Reservations:**

- Tulsa to Hugo \$35\$ _____
- Joplin to Tulsa \$25\$ _____
- Joplin to Hugo \$60\$ _____

TOTAL AMOUNT ENCLOSED.....\$ _____

If paying by credit card, please fill in the following information: Card (circle one) VISA MASTERCARD

Name on Card: _____ Account Number on Card: _____
Expiration Date: _____ Zip Code at CC billing address: _____

FreeWheel Waiver. Please review the sample waiver posted below. Each participant will be asked to sign this waiver on their first day of FreeWheel 2010. This will be done when you check in for your wrist band at the FreeWheel registration area whenever you join the ride.

If the registrant is under 18 years of age, a signature of a parent or guardian is required as well as the signature of the accompanying adult. Children must sign, if able.

I, the undersigned, freely acknowledge and realize the dangers of participating in FreeWheel 2010 and fully assume all risks including, but not limited to, collision with pedestrians, vehicles, other riders, and/or fixed or moving objects, the negligence of other riders, sponsors, promoters or inadequate safety equipment, weather conditions, as well as the possibility of physical and/or mental trauma or injury. I understand that the route requires bicycling on public roadways and in bad weather and that cyclists have been hospitalized and/or killed because of traffic mishaps that are either their responsibility or others' responsibility and I further agree that I will bear all expenses incurred in any such accidents. I realize that FreeWheel 2010 requires physical conditioning and I represent that I am in sound medical condition. I have no physical or medical impediment which would endanger myself or others. I understand and agree that a situation may arise during FreeWheel 2010 which may be beyond the control of sponsors, promoters and organizers and agree to ride so as not to endanger either myself or others. I waive, release, discharge for myself, my heirs, executors, administrators, legal representatives (including successors) all rights against the sponsors and promoters of FreeWheel 2010. The above agreements and representations are my express understandings of the risks and I assume these voluntarily and freely without coercion or duress. This agreement may not be modified orally and may not be waived in any respect. I further understand that a helmet is strongly advised.

**OKLAHOMA FREEWHEEL, INC
PO BOX 470069
TULSA, OK 74147-0069
918-835-1699
OKFREEWHEEL.COM**

**OKLAHOMA FREEWHEEL
JUNE 13 - 19, 2010
JOIN THE 32ND ANNUAL BICYCLE RIDE
ACROSS OKLAHOMA!**